


KW1 1.12. - 7.1.2024 Trainingsplan Nachwuchs HERNER EV

| Datum | Tag | Mannschaft | ICE | OFF ICE / Spiel | Gegner | Kabine |
|---|-------------------|-------------------------|----------------------|----------------------|----------------|--------------|
| 1 | Montag | | | | | |
|  | | | FROHES | NEUES | !!! | |
| | | | HAPPY | NEW YEAR | !!! | |
| | | U13 + U15 | 19:00 - 20:00 | 18:00 – 18:45 | | 5 + 4 |
| | | Hobby | 20:15 - 21:15 | x | | A |
| | | | | | | |
| 2 | Dienstag | | | | | |
| | | 1. Mannschaft | 10:00 - 11:15 | x | | |
| | | U17 | 19:00 - 20:00 | 18:00 – 18:45 | | 3 |
| | | U20 + 1B | 20:15 - 21:15 | x | | 2 + 1 |
| 3 | Mittwoch | | | | | |
| | | U7 + U9/U11 | 10:00 - 10:45 | x | | |
| | | 1. Mannschaft | 11:00 - 12:00 | x | | |
| | | Hobby | 19:00 - 20:00 | x | | A |
| 4 | Donnerstag | | | | | |
| | | U13 + U15 | 10:00 - 10:45 | 11:00 - 11:45 | | 5 + 4 |
| | | 1. Mannschaft | 11:00 - 12:00 | x | | |
| | | U17 + U20 | 19:00 - 20:00 | x | | 3 + 2 |
| | | 1B | 20:15 - 21:15 | x | | 1 |
| 5 | Freitag | | | | | |
| | | U7 + U9/U11 | 10:00 - 11:00 | x | | C + A |
| | | U13 + U15 | 11:15 - 12:30 | x | | 5 + 4 |
| | | Hobby | 19:00 Spiel | Heim | Krefeld | |
| | | 1. Mannschaft | 20:00 Spiel | Auswärts | Leipzig | |
| 6 | Samstag | | | | | |
| | | U7 + TW Training | 11:00 - 12:00 | x | | A + C |
| | | U13 + U15 | 12:15 - 13:30 | x | | 5 + 4 |
| | | U17 | 20:00 Spiel | Auswärts | Neuss | |
| 7 | Sonntag | | | | | |
| | | U20 | 18:30 Spiel | Auswärts | Aachen | |
| | | 1. Mannschaft | 9:00 - 9:45 | x | | |
| | | 1. Mannschaft | 18:30 Spiel | Heim | Erfurt | |